

# HOSPITAL SPECIALTIES

**IN THIS BROCHURE** you will find a guide to all of the medical specialties we offer at our clinic. Here you can learn about each medical specialty we provide and get to know which of our doctors provides it. In total we offer 23 medical specialties and each one has own their different function.



Medical specialties exist to provide better treatments to patients. When a doctor is a specialist it means that he or she has received extra training in a specific area of medicine.

Some medical specialties are organ-based such as cardiology which focuses on health conditions affecting the heart. So if we suffer from any heart issue it makes sense to consult a cardiologist, and so with the other specialties.

Most of the times medical specialists are referred by other doctors, but if that's not the case you can review the following list of medical specialties and their explanations.



## Specialties

With a team of 32 doctors, at NMP we provide the following medical specialties

- Anesthesiology
- Dermatology
- Cardiology
- Cardiosurgery
- Ear, Nose and Throat
- Gastroenterology
- General Surgery
- Gynecology
- Internal Medicine
- Neonatology
- Neurology
- Neurosurgery
- Oncology
- Ophthalmology
- Orthopedics
- Pediatrics
- Plastic and Reconstructive Surgery
- Pneumology
- Psychology
- Psychiatry



## Anesthesiology

Anesthesiologists provide you with anesthesia, the pain medication administered during medical procedures. He or she will make sure that you have a safe and pain-free experience before, during and after a medical procedure.

At NMP we have a highly skilled anesthesiology team ensuring your comfort and well-being during safety.

**Anesthesiologist: Dr. Heydi Navarro**



## Dermatology

Thinking of a healthier skin? Dermatology is what you're looking for. Whether you wish to improve your skin aesthetics or looking for medical treatment to a current skin condition, a dermatologist will provide you with the best treatment.

Dermatologist: Dr. Peter Craig (Thursdays every 2 weeks)



## Cardiology/ Cardiosurgery

Cardiologists are specially trained to provide you with the best heart care. A cardiologist can evaluate your heart condition while a cardiosurgery can intervene surgically if necessary.

Some of the most common heart conditions that require cardiological care are: coronary artery disease, hypertension, heart failure, arrhythmias and valvular heart disease.

At NMP we provide EKG and echocardiogram testing.

**Cardiologist:** Dr. Curtis Samuels (Friday 8am to 5pm)

**Cardiosurgeon:** Dr. Adrian Coye (Saturday once a month)



## Ear, Nose and Throat (ENT)

Pretty much self-explanatory, ENTs provide care for that vital region of the human body. Some common diseases they treat are: ear infections, sinusitis, tonsillitis, rhinitis and hearing loss.

At NMP we have a highly-skilled and experienced ENT team:  
Otolaryngologist: Dr. Atanasio Cob (Thursday once a month)



## Gastroenterology



Gastroenterologists are specialized in that region of the body that is responsible for digestion: the esophagus, the stomach and the intestines.

Committed to your digestive health, our experienced gastroenterology team will provide you with the best care.

We offer endoscopic procedures.

Gastroenterologist: Dr. Kevin Peña (Thursdays)



## General Surgery



Surgeons are doctors specialized in performing medical procedures.

They can perform procedures such as: appendectomy, hernia repair, gastrectomy etc

Surgical procedures at NMP are done in a state-of-the-art operating theatre and following international standards of quality and safety.

**Surgeon:** Dr. Miguel Quetzal (Monday to Friday)



## Internal Medicine

Internal Medicine doctors or internists specialize in the prevention, diagnosis, and treatment of adult diseases.

They manage conditions such as hypertension, diabetes, high cholesterol, chronic pulmonary disease, and coronary heart disease.

### Internists:

Dr. Jorge Soler (Monday to Saturday)

Dr. Pamela Del Socorro Arias Lopez (Monday to Saturday)

## Neonatology

A subspecialty of pediatrics, neonatology specializes in caring for and treating premature babies born with congenital disorders, diseases or other health conditions.

Besides having an excellent neonatologist, newborns at NMP are cared for at our neonatal care room, where an incubator is available when needed.

### Neonatologist:

Dr. Elsie Constanza (Monday to Friday 8am to 5pm)

## Neurology/Neurosurgery

NMP we provide neurological care to diagnose and treat diseases of the brain, spinal cord and nerves. Some of the most common neurological diseases are: migraines, epilepsy, stroke, neuropathy and autism. We also perform minor neurosurgical procedures at our operating theatre.

Neurologist: Dr. Marco Mendez (Monday to Friday 8am to 5pm)

Neuro-surgeon: Dr. Andre Vasquez (Saturday once a month)



## Nutrition Science

Nutritionists are health professionals specially trained to help you create personalized dietary plans to support overall health or manage chronic conditions

Our experienced nutritionist:  
Ms. Amairie Campos (Mondays)



## ONCOLOGY

Oncology is a disease-based medical specialty, it studies cancer, how to diagnose it and how to treat it in order to stop the spread. An oncologist will help you identify your treatment options and manage your post-treatment care.

At NMP we have an **expert oncology:**

Oncologist: Dr. Ramoncito Yacab (Saturday every 3 weeks)



## OPHTHALMOLOGY

Ophthalmologists are eye care specialists. They can diagnose and treat any issue that affects your eyes. They can prescribe medication, suggest vision correction aids and perform surgery.

Our ophthalmology departments provides full comprehensive testing, eye glasses correction and we also perform minor eye surgery.

**Ophthalmologist:** Dr. Ileana Perez (Monday to Friday)



## ORTHOPEDICS

Orthopedic focuses on injuries and diseases affecting the musculoskeletal system (bones, muscles, joints and soft tissues). An orthopedic can help you get relief from pain and mobility problems.

At NMP we have a highly skilled and diverse **orthopedic surgery team:**

Dr. Andre Sosa (Tuesday)  
Dr. Marcel Riverol (by appointments)  
Dr. Idelfonso Roberts (Wednesday)



## PEDIATRICS

A pediatrician is a doctor who treats newborns, children, and adolescents. Pediatricians play an important role in the health and wellbeing of your child. They have a wide range of responsibilities from conducting regular well-child checkups to diagnosing and treating illnesses, injuries and other health conditions.

**Our expert pediatric team:**

Dr. Marco Mendez (Monday to Saturday)  
Dr. Elsie Constanza (Monday to Saturday)  
Dr. Angelica Salazar (Monday to Friday 5pm to 7pm)  
Dr. Cardo Martinez (Wednesdays)  
Dr. Kent Novelo (Monday to Saturday)



## PLASTIC AND RECONSTRUCTIVE SURGERY

Plastic surgery alters certain areas of your body to treat medical issues or enhance appearance, while reconstructive surgery repairs defects or injuries and restores function. Equipped with state-of-the-art technology, our plastic surgery team is dedicated to your well-being and satisfaction:

**Surgeon:** Dr. Miguel Quetzal (Monday to Friday)



## PNEUMOLOGY

A pneumologist is a healthcare provider that specializes in diagnosing and treating conditions that affect your respiratory system, including your airways and lungs.

Some of the most common condition pneumologist treat are: asthma, allergies, bronchitis, and long covid.

Our expert pneumology team:

**Pneumologist:** Dr. Cardo Martinez (Wednesdays)



## PSYCHOLOGY

Mental health is important. A psychologist is a mental health professional who uses psychological evaluations and talk therapy to help people learn to better cope with life and relationship issues and mental health conditions.

At NMP you can enjoy a private and comfortable setting to consult with your therapist.

**Psychologists:**

Ms. Ivette Hernandez (by appointments)  
Ms. Dorothy Mendez (by appointments)



## PSYCHIATRY

A psychiatrist is a medical doctor who can diagnose and treat mental, emotional and behavioral conditions. They can prescribe medications and other medical treatments.

**Our experienced psychiatrist:**  
Dr. Alejandro Matus (Saturdays)





## RADIOLOGY

A radiologist is a doctor that has specialized in imaging technology. You only get to see a radiologist when you do an imaging test. Radiologists work along with other medical specialists to diagnose and treat health conditions.

At NMP we offer a comprehensive range of imaging services provided by expert and caring radiologists and technicians: Ultrasound, Xray, Mammogram and CT Scan.

### Radiologists:

Dr. Maria Flores (Monday to Saturday)

Dr. Itza Zotzil Brack Ortega (Monday to Saturday)

Dr. Agustin Olivares Maceira (Monday to Saturday)



## UROLOGY

A urologist is a physician and surgeon who specializes in diagnosing and treating conditions that affect your urinary system. Urologists also treats conditions that affects the male reproductive organs. Some of the most common health conditions they treat are: urinary infections, incontinence, hematuria, enlarged prostate, bladder pain syndrome.

### Our expert urologist:

Dr. Byron Simmons (Thursdays)



## WOMEN'S HEALTH (GYNECOLOGY)

Some medical specialties are gender-based such as gynecology which provides care for the health of the female reproductive system. Some gynecologists are also obstetricians (Ob/Gyns), which means they provide pregnancy and childbirth care as well. Gynecologists care for your reproductive health from puberty through menopause.

Your health as a woman is in good hands with us:

**Ob/Gyns:** Dr. Jose Salinas (Monday to Friday 8am to 5pm)



## CONTACT INFO

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Quality care close to home!